WYOMING COUNSELING ASSOCIATION

& CASPER COLLEGE ADDICTIONOLOGY PROGRAM

HEALING FOR HEALERS SUMMER RETREAT

FRIDAY, AUGUST 3 – SUNDAY, AUGUST 5, 2018

GIRL SCOUT CAMP SACAJAWEA, CASPER MOUNTAIN

Low-tech, de-stress weekend with continuing education credits

Low-tech presentations – no power point!

No wi-fi available; limited cell service depending on your carrier

No alcohol or illegal drugs

Everyone signs up for one meal prep and one clean up

PROPOSED SCHEDULE

FRIDAY, AUGUST 3

3:00-5:00 pm – Check-in

5:00-6:00 pm – Settle in

6:00-7:15 pm – Sack dinner/clean up

7:30-9:00 pm – Breakout sessions – 1.5 CEs

SATURDAY, AUGUST 4

7:00-8:00 am – Breakfast prep

8:00-9:00 am - Breakfast

9:00-11:00 am – Breakout sessions – 2 CEs

11:00-Noon - Lunch prep/free time

Noon-1:00 pm - Lunch

1:00-2:00 pm - Clean up/free time

2:00-4:00 pm - Breakout sessions – 2 CEs

4:00-5:00 pm – Free time

5:00-6:00 pm - Dinner prep/free time

6:00-7:00 pm – Dinner

7:00-7:30 pm - Clean up/free time

7:30-9:00 pm – Breakout sessions – 1.5 CEs

SUNDAY, AUGUST 5

7:00-8:00 am - Breakfast prep

8:00-9:00 am - Breakfast

9:00-10:00 am - Pack & clean up

10:00-11:00 am - Group Service Project

11:00-Noon- Group Debrief – 1 CE

TOTAL CEs = 8