

CALL FOR PRESENTATION PROPOSALS

Casper College Counseling Services
2020 WELLNESS CONFERENCE

Casper College Counseling Services is pleased to announce its 31st annual Wellness Conference, April 1-3, 2020, in the University/Union building on the Casper College campus. We are looking for members of the Wyoming prevention, treatment, and therapeutic communities to share their knowledge of various wellness-related issues with other professionals, students, and the general public.

Tell Wyoming what you're doing!

We invite you to share ideas and strategies that have worked for you in facilitating change and encouraging wellness with individuals, groups, families, and communities. Presentations are 80 minutes in length April 1st and 2nd, and we have an opening for two half-day presentations on Friday, April 3rd (Friday is set aside specifically for mental health professionals). Please see the other side of this form for possible topics if you do not have one in mind. If you are interested in providing a presentation, please complete the form below and email it/mail it to the address below. If you have questions, please feel free to contact me.

Deadline is January 31, 2020.

Name(s) _____ Agency _____

Address _____ Phone# _____

Email Address _____

Topic Title _____

Target Population (please circle): Students Professionals Students & Professionals

Presentation length (please circle): 80 minutes Half Day

Equipment needed (digital projector, DVD, flip chart, special accommodations, etc.)

Brief Description of Presentation (to be used in the conference program)

Short Bio (educational background, positions, etc.) with Credentials (MS, PhD, LPC, etc.)

Please mail or email to:
Kelly Green, LCSW
Casper College
125 College Drive, UU 215
Casper, WY 82601

Phone: (307) 268-2621
FAX: (307) 268-2020
Email: kelly.green@caspercollege.edu

POSSIBLE TOPICS FOR THE 2020 WELLNESS CONFERENCE

Below are several possibilities and suggestions from past conference participants. If there is something you want to learn about, or a topic you have requested, consider researching it and presenting it yourself! Our audience is always very presenter-friendly and encouraging. Please do not feel limited to these topics only.

ABA/Autism
Addictions issues (especially gambling addiction, porn/sex addiction)
Addressing loneliness
Adverse childhood experiences (ACES) - how to heal the effects
Advocating for community change
Anxiety (control issues with other people or oneself, solutions for fear & anxiety)
Billing insurance for services (Medicaid & Medicare, CPT codes/modifiers)
Children/youth/adolescent mental health
Communication (difficult conversations with clients, co-workers, supervision)
Couples counseling
Counseling people living with/being treated for cancer
EMDR
Family therapy
Grief/loss
Group counseling
Holistic/non-traditional aids in wellness
How to be an ally for marginalized and oppressed populations
Importance of boundaries (ethically, in relationships)
Imposter syndrome
Motivational Interviewing
Psychopharmacology
School counseling
Self-care, self-compassion, and/or self-esteem
Social media impact on mental health
Substance abuse
Suicide prevention planning/policies for workplace (more next steps/level)
Questionnaires and assessments to use in counseling
Therapeutic use of self-disclosure
Telehealth
Trauma
Working with the geriatric community (access to healthcare, dementia, depression)
Working with high-risk clients/those who have lower compliance i.e. schizophrenia
Working with indigenous persons
Working with LGBTQ populations
Working with Veterans